

Answers written in the margins will not be marked.

1. Oven

25

30

2. Microwave

35

40

Answers written in the margins will not be marked.

END OF TASK 5

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45

50

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END OF TASK 6

Task 7: Factsheet (18 marks)

Complete the factsheet using information from the B1 Data File.

Do-s...	Don't-s...
1. _____ before you start doing any exercise to avoid injuries.	1. exercise _____ _____ _____
2. _____ to avoid dehydration.	2. wear _____ _____
3. _____ regularly. I suggest _____	such as plastic clothing.
_____	3. do _____
_____	_____ without a _____
4. join _____	_____
5. take up _____	_____
_____	_____
6. _____	_____
_____	_____
_____	_____
_____	_____
_____	_____

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END OF TASK 7

END OF PART B1

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